



leadership, team development and
mental toughness;
A TALK BY ANDY Mc CANN

EVENT DETAILS

- **VENUE**
Coleg Morgannwg, Nantgarw Campus
CF15 7QX
- **DATE & TIME**
Thursday 9th May 2013
18.30pm
- **COST**
£10 (including VAT)
- **HOW TO BOOK**
Contact: Vicky Coxon
Email: Vcoxon@ciob.org.uk
Tel: 0845 0706 141

ABOUT ANDY MC CANN.

Andy McCann is in demand as a performance coach to high performing individuals from many walks of life, including some of the UK's highest profile international sports stars and coaches. Recently, he was a consultant to the Welsh Rugby Team during the 2011 Rugby World Cup, accompanying the team to New Zealand.

He has an expertise in the development of mental toughness and performance and helps a wide range of individuals, teams and industries achieve engagement and success. His work has been described as '**cutting edge**' (Daily Telegraph, 2009)

With an expertise in the development of mental toughness and performance Andy's work has taken him around the world. He helps a wide range of individuals; teams and industries achieve engagement and success.

A popular conference speaker, Andy has spoken at various national events; at the Royal Society of Medicine; and in collaboration with major sports performance brands. He has an accessible style drawing from an expertise that includes over 25 years experience of education, business, neuropsychology and elite sports performance.